



# MOORINE ROCK PRIMARY SCHOOL

## Newsletter

Issue: 6

26th April, 2023

### Principal's Message

Dear Parents and Guardians

I would like to extend a very warm welcome back to our students, staff and community for Term Two at MRPS!! We have had an amazing start this week with our Anzac Ceremony which was attended by staff, parents and our local Police. Thank you to everyone who attended and joined us for morning tea. Miss Glazier, Joe, Ms Melis and I were extremely proud to join our senior students and their parents at the ANZAC ceremony yesterday with our Southern Cross community and dignitaries. Well done boys, you spoke well and represented MRPS with great dignity. I had many compliments regarding your exemplary conduct.



**Felix delivers the  
King's Prayer**



**Nikolai and  
Dustin lay the  
MRPS wreaths**



**Respect to our Anzacs**



## Principal's Message—continued

### Wayne the extraordinaire!



### Quick test run before the kids arrive!

On Monday we were thrilled to see our new bike track designed and built by Wayne Hewitt our gardener/handyman extraordinaire! Thank you for all your great work over the holidays Wayne, our school is looking absolutely top notch! Check out the beautifully laid red wood chips in our front garden, everything is popping with colour. Thank you also to Joe Purtich our cleaner who has been cleaning during the holidays to ensure MRPS is looking spic and span!

I am delighted to announce and welcome our new teacher Ms Miriam Melis. Ms Melis has moved from Kalgoorlie to teach our Yr. 3 & 4 students. I know you will welcome her to our school community, feel free to contact Ms Melis at the school if you have any queries.

## Principal's Message—continued

In Week Two we will be attending 'The Alphabet of Awesome Science' at the Cummins Theatre in Merredin. This excursion has been kindly funded by Mineral Resources Limited who have kindly provided our school with a grant to attend, therefore there will be no cost to parents!



# MINERAL RESOURCES

Consent and health forms for this excursion will be sent home today, please ensure they are returned by Monday 1<sup>st</sup> May 2023. We will leave school at 9am and return by 2pm following lunch in Merredin.

On Thursday 4<sup>th</sup> May 2023 we look forward to welcoming our Playgroup parents and children to meet and spend some time familiarising themselves with our school. Playgroup is an important aspect of introducing prospective students to MRPS and an excellent opportunity for parents to meet and discuss any queries with staff while on site. Tea and coffee will be provided, please see the calendar for dates and see myself or Josie if you require any further information. I have attached a link for your information: [Playgroups Perth | Playgroup WA](#)

### Home Reading

Home readers will recommence for Term 2 with sight words. Please ensure students return these resources weekly and let your teachers know if your child requires any assistance.

### Smiling Mind

Just as we teach students to eat well and stay fit to keep their bodies healthy, teaching children how to proactively care for their mind is equally important. Smiling Mind is a unique tool developed by psychologists and educators to help bring balance to our lives. MRPS have been fortunate to receive funding to participate in this excellent program to support mental health. In Term Two both classes will commence Mindfulness daily. Research has identified the following benefits of Mindfulness:

- ⇒ Improved sleep quality
- ⇒ Improved concentration
- ⇒ improvements in emotional wellbeing
- ⇒ reduced psychological distress
- ⇒ enhanced positive wellbeing
- ⇒ enhanced ability to manage emotions

If you would like to download the app here is the link: [App — Smiling Mind](#)

I look forward to working with you all throughout Term Two, feel free to pop in or call me anytime if you need to discuss your child.

## Principal's Message—continued

### **Sarah Pollard-Outback Bush Buddies**

Sarah Pollard is a writer, illustrator and artist from Southern Cross. As a young woman with Autism Spectrum Disorder, Sarah's flair for art and story telling gives her a unique platform to celebrate her creativity and connection to nature. Sarah is currently developing a series of stories featuring her beloved Outback Bush Buddies, inspired by the real-life pets, animals and wildlife she encounters everyday.

Sarah recently launched her first book 'The Bush Tale of Timmy Lamb' at the Perth Awesome Festival. Sarah will be coming to MRPS to read and talk to the students on Monday, 8th May.

**Triple P Program** [Online program, research-backed | Positive parenting strategies | Triple P \(triplep-parenting.net.au\)](https://triplep-parenting.net.au)

Triple P is the parenting program that helps make raising kids easier. It gives you tips and ideas to help raise happy and confident kids; see more of the behaviours you like and less of the ones you don't; and have better relationships with your family.

The Triple P – Positive Parenting Program is available to parents and carers of children in Western Australia, thanks to the Department of Education, Child and Adolescent Health Service, WA Country Health Service, and the Department of Communities.

In Term Two Triple P will be available for all MRPS parents via Teams. The Seminars 1-3 will be a series for ages 0-12 years old. As many parents at our school have younger children still at home, parents will be able to log on in the comfort of their own home. Here are the dates:

**Seminar 1:** 16<sup>th</sup> May 2023 Time: 12.30pm-3pm

**Seminar 2:** 23<sup>rd</sup> May Time: 12.30pm-3pm

**Seminar 3:** 30<sup>th</sup> May Time: 12.30pm-3pm

Free Triple P Seminars are being offered in various locations. Other Triple P programs may be available in selected regions, with more to come in the future. Please let me know if you wish to participate so I can send you the calendar invites for each session and log in details.

Warm Regards,  
Mrs Katrina Tedge  
Principal

## Upcoming Events

Week	Monday	Tuesday	Wednesday	Thursday	Friday	Weekend
<b>Week 1</b>	24/4 Kindy Day Anzac Day Assembly 9am	25/4 ANZAC DAY Public Holiday	26/4 Newsletter	27/4 Kindy Day	28/4	
<b>Week 2</b>	1/5 Kindy Day	2/5	3/5 Excursion to Merredin  The Alphabet of Awesome Science	4/5 Kindy Day Playgroup	5/5	
<b>Week 3</b>	8/5 Kindy Day Sarah Pollard reading her story books 9am	9/5 Newsletter	10/5	11/5 Kindy Day	12/5	

## IMPORTANT DATES TO REMEMBER

- ⇒ Tuesday is Library day for both classrooms —please bring in your library bags
- ⇒ Thursday is Library day for the Kindy Children
- ⇒ Friday is sport for the whole school
- ⇒ Wednesday– 3rd May The Alphabet of Awesome Science Excursion to Merredin
- ⇒ Thursday—4th May—Playgroup at Moorine Rock PS
- ⇒ Monday, 8th May—Sarah Pollard visit to the school

## School Facebook Page

We have a new Facebook Page—find us by searching for 'Moorine Rock Primary School' - The cover page is a photo of our beautiful flagpole area. Like and follow our page to see all the wonderful things happening and to hear about any upcoming events.



## FROM OUR SENIOR ROOM WITH

My name is Miriam Melis and I grew up in Perth. I have links to the Goldfields as my mother's family was one of the first families to settle in Kalgoorlie and there has been a member of my family living in the Kalgoorlie region since I was about 2 years old.

I have spent many years travelling and working in various towns and cities around Australia. I started my teaching career in the Northern Territory, working in Darwin, teaching dramatic arts, music and being a classroom teacher. I have also worked in remote schools in Arnhem Land, Kimberley and in the Perth metro area and most recently I taught photography, art, music, English and LOTE at Kalgoorlie-Boulder Community High School.

When I am not teaching I love spending time with my family, dogs, painting, cooking and fishing.

I look forward to spending the rest of the year teaching here at Moorine Rock and look forward to meeting you all.



## FROM OUR JUNIOR ROOM WITH MISS GLAZIER

To start off the term we learnt a bit about the importance of ANZAC day and made ANZAC biscuits.

We talked about why ANZAC biscuits were made and sent to soldiers in the war.

The students loved helping measure and pour the ingredients into the bowl and mixing it all together.

Some students didn't like the feeling of rolling the sticky oily dough into balls and some loved the feeling!

We ate the biscuits while we watched the story ANZAC Ted. It was a great start to the term.

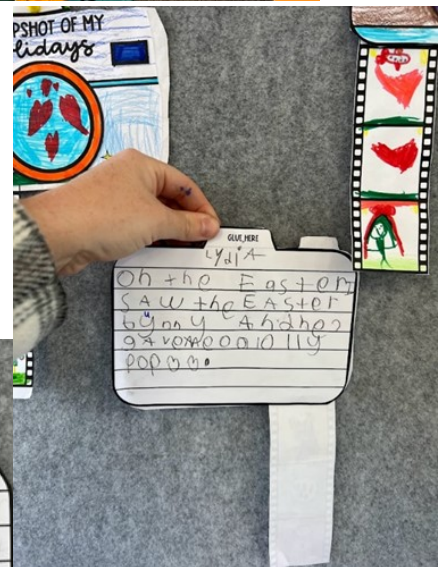
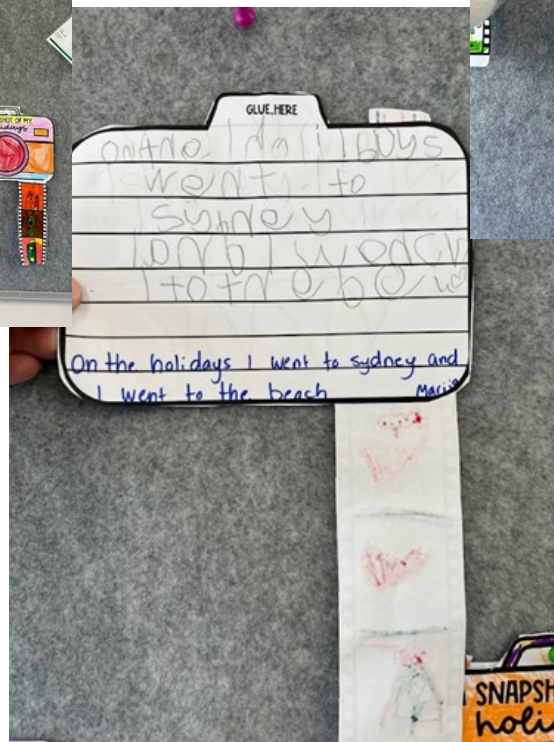
I hope you all had a great holiday. We have been writing about our holidays this week and it sounds like you all had lots of fun over Easter!

Looking forward to a great term,  
Jessie Glazier.





## FROM OUR JUNIOR ROOM WITH MISS GLAZIER



GLUE HERE  
On the holidays I went to Sydney and I went to the beach  
Mason



Happy Birthday to

**No birthdays for this fortnight**



### PIE WARMER LUNCHES

Students may bring lunches from home that require warming up in the pie warmer on **Mondays and Wednesdays**. Food is to be brought in an appropriate container (oven proof) or wrapped in alfoil. Please mark your child's name on their lunch for ease of distribution.

To assist the school in providing a safe environment, please consider the contents of your child's lunch box.

Please note, icy poles will no longer be sold during Term 2 and 3.





Government of Western Australia  
WA Country Health Service

# 2023 Childhood Influenza Vaccination

**FREE** Childhood Influenza vaccinations are available from your local  
Child Health Nurse.

## Eligibility:

- For children aged 6 months to <5 Years Old
- For Primary school aged children (including pre-primary to year 6)

For more information about the **FREE** influenza vaccine please contact  
your local Community Health Nurse Jess on **90 491 321**



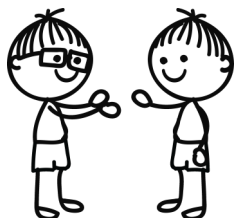
## CONTACT:

**Southern Cross  
Community Health**

**Phone: 90 491 321**

To provide feedback on this publication email  
wachscomms@health.wa.gov.au. Alternative formats can  
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## Colour Blindness



Children who are colour blind can see as clearly as other people but can't tell the difference between some colours or see colours differently from other people. Very few people who are colour blind are 'blind' to all colours – most often they see red and green as very similar.

It's good to know if a child is colour blind because they may have difficulty at school with activities that use colours, such as drawing and sorting blocks, and with computers. Please read through information on [colour blindness](#) provided by Raising Children Network.

If you have any concerns, colour vision testing can be performed by some General Practitioners (GP), eye specialists or optometrist. You can also contact your local Community Health Nurse, **Jess** on **90 491 321**.

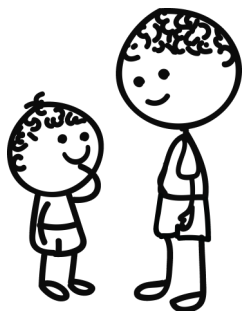
## Undescended Testes

Screening for undescended testes is recommended for boys at school entry (~4-5 years of age). Around 2-4% of boys have an undescended testes at birth. But sometimes the testes (also known as testicle) is in the scrotum at birth but is pulled up into the groin or abdomen at around 4-10 years of age. This happens because the cord that attaches the testicle to the abdomen doesn't grow at the same rate as the child.

Undescended testes don't fully sit within the scrotum. The condition isn't painful but can increase the risk of several other health issues such as decreased fertility and testicular cancer. For those boys who develop an undescended testicle later in childhood, the 'ascending' testicle often needs surgery between 5 years and 10 years.

Please read through the information about undescended testicles provided by [Raising Children Network](#) and encourage your child to check themselves as described there.

If you have any concerns, please contact your General Practitioner or Community Health Nurse, **Jess** on **90 491 321**.



## Scoliosis

Scoliosis is an abnormal sideways curvature of the spine. It can be detected by a simple examination of the back.

The normal spine has three curves – one in the neck, one in the upper back and one in the lower back. These curves can be seen from the side, but when you look from behind the spine should appear straight. If the spine has a sideways curve, this is scoliosis.

Please read through the [scoliosis](#) information provided by Raising Children Network and check your child for scoliosis as described.

If you have any concerns, please contact your General Practitioner or Community Health Nurse, **Jess** on **90 491 321**.

