

# Moorine Rock Primary School

Newsletter 5 2017

Dear Parents and Community Members

As the end of term nears, I, like the staff, are amazed at how quickly it has gone. I'd like to thank all staff for their efforts this term.

At this Friday's assembly, the Senior class will be presenting an item and the Junior class showing you some of their work. Please take the time to visit the classrooms after assembly.

Sadly, we will be farewelling the Lowe family this term as they are moving to Merredin for Term 2. It has been wonderful having them in our community and I hope to see them back here often.

I hope that you all have a safe and happy holiday.

Regards

Lyndy Richmond

Principal

### Dream Project

Last Wednesday, Chrissy Nicholl, Tarin Collins and Kirsty Edwards took part in the launch of the "Dream Project". We are working with several other schools to embrace digital technologies and so prepare our children for the future.

A new Digital Technologies Curriculum will be implemented across all schools in 2018. Digital Technologies is preparing our children for data sharing which will allow them to manage their digital footprint in the future.

In 2016, our children were introduced to coding through Robotics and other software and already have an understanding of this field. They are also using Scratch and other digital devices. Due to our interest in this field, Moorine Rock Primary School together with Mukinbudin District High School are lead schools for the DREAM project. We will be leading a cluster of

seven schools in the Central Wheatbelt in building capacity to engage with the Digital Technologies

Curriculum.







### Aboriginal Survival Technology Incursion

On Wednesday, 5<sup>th</sup> April 2017, all children from MRPS will be travelling to Southern Cross DHS for a session about Aboriginal Survival Technology. We will leave school as soon as all children have arrived for a 9.15 AM performance. A note has gone home today giving more information about this event.

### Voluntary Contributions

We still have a few outstanding contributions...

Your voluntary contributions assist the school in providing materials to improve your child's learning experiences. It would be fantastic if all contributions could be received during Term 1. Families may choose to send in cash, a cheque or pay by direct deposit to our ANZ BSB 016710 ACCOUNT NUMBER 253884676. The amount that we have asked for this year is \$40 per child.

Please make sure that you identify your deposit with your child's name to ensure that we credit it correctly.

### Hot Lunches



Children may bring lunches from home that requires warming up in the pie warmer on Mondays and Wednesdays during Terms 2 and 3. Please make sure that food is in an appropriate container or wrapped in alfoil with students name on it.

### Easter Hat Parade

On Friday the 7<sup>th</sup> of April we will be having an Easter Hat Parade at school. Students are invited to create their own Easter hats at home and wear them into school. We will show them off to each other in a school parade in the morning and then have an Easter egg hunt! Join in the fun!



### Awards

### Term One Week Eight

Claire Birtles Ethan Glass For always producing neat work and striving for correct spelling.

For working well with your classmates and being very helpful this week.

### Lyndy's Absences

Week	Date	Day	What	Teacher in Charge
9	Thursday	30.03.17	Classroom Observation and	Lisa Jackson
	Friday	31.03.17	Providing Effective Feedback Perth	Tarin Collins

### Birthday Wishes

Riley Edwards 28.03.2017 8 years old Matthew Edwards 29.03.2017 6 years old Chelsea Glass 13.04.2017 7 years old



### "Matilda the Musical"

Despite the length of the day, our excursion to "Matilda the Musical" was wonderful and well worth it. The magic of a theatre production was for most a first time experience and I hope given our children a taste for more. Thank you to all parents who came along and offered their support when needed.

Morning Tea at Cunderdin



### **Upcoming Events**

Date	Day	Event
31 <sup>st</sup> March	Friday	End of Term Assembly (Kindy's to join in for the
		assembly)
1 <sup>st</sup> 2 <sup>nd</sup> April	Saturday Sunday	Classroom Cash
5 <sup>th</sup> April	Wednesday	Aboriginal Survival Technology Excursion SCDHS
7 <sup>th</sup> April	Friday	Last Day of Term One
24 <sup>th</sup> April	Monday	SDD
25 <sup>th</sup> April	Tuesday	Public Holiday
26 <sup>th</sup> April Wednesday		School resumes

224

\*\*\* 88°

.33

\*\*\*

.31 \*7;

\*\*\*



### **NAIDOC** Week Celebrations

are held across Australia each July to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander Peoples

# POETRY COMPETITION

Entry is open to all students in Years 3-6

# "We Are One People"

The poem will be judged on its quality its meaning and its creativity



Jessica Mauboy Indigenous Recording Artist



Greg Inglis Indigenous Rugby League Player \*\*Entry must be typed and on A4 Pager. Entries will be judged on quality, meaning and dreativity. Please ensure the name grude and classiare clearly included on both your story and on the official NAH-DOC School in tratives entry form.

### **PRIZES**



SONY DVD PLAYER



HUNDREDS OF PASSIS TO SEE "SPIDER MAN -THE HOME COMING"

### SPONSORS



Cowners to Wospern Arestralia.



Construent of Mester in Australia Uniong the Abordinal Affairs



Anetralism Granical Repartment of Education



Apetralian Gerearament
Department of Health



Aprilphi in teas common Ametrica Patrick Services I control-tea





Name

Age\_\_\_\_School\_

Year.

All competitions: Entres must be existed by class of business on inday 24th under 2017 at the optional cancer, GPC Box 454, 39d key NCW 2001, stogging on Itake blace on Thursday 30th under 2017, Window will be notified through principals incremiseous will take place at school assemble several your local Mayon, plotters are other unglikeries.

# Shaun Tan Award for Young Artists (Just in time for the holidays)

The City of Subiaco presents the fifteenth annual Shaun Tan Award for Young Artists.

The award encourages creativity and imagination and is an opportunity for Western Australian school students to present their creations in visual arts. Online entries open on Monday 1 May and close on Monday 22 May.

### Award information

### Important dates

Entries open Monday 1 May to Monday 22 May

Finalists announced Tuesday 20 June

Artwork collection Monday 26 June to Sunday 9 July
Exhibition Monday 10 July to Sunday 6 August
Finalist artwork collection Monday 7 August to Sunday 20 August



### Entry requirements

The Shaun Tan Award is open to Western Australian school students in years one to twelve. Artworks submitted must be an original, two-dimensional (2D) creation, no bigger than 1 metre  $\times$  1.5 metres in size.

Artworks must be the sole work of the entrant. Entry is limited to one per person.

### Judging

Entries are judged individually in the following categories:

Lower primary - school years one and two

Middle primary - school years three and four

Upper primary - school years five and six

Lower secondary - school years seven, eight and nine

Upper secondary - school years ten, eleven and twelve

Entries are judged on their originality, concept, technique and choice of materials used. Please note: due to the high number of entries received for this award each year, individual feedback cannot be provided.

### How to enter

The online entry form will be available on this webpage from 9am on Monday 1 May. An online registration must be completed for each individual, and artworks submitted to Subiaco Library with a printed confirmation of entry before 4pm on Monday 22 May.

### Submit your artwork

All entries must be received at Subiaco Library before 4pm on Monday 22 May with an attached confirmation of entry. Artworks may be submitted in person to <u>Subiaco Library</u> or via post to:

Shaun Tan Award City of Subiaco Po Box 270 SUBIACO WA 6904

Late entries cannot be accepted.

### **Prizes**

Prizes are donated from the City of Subiaco and award sponsors and are presented to the top three entries in each category. A selection of the best artworks from the award will feature in a month long public exhibition at Subiaco Library from 10 July until 6 August. All exhibited artists receive professional framing or mounting for their artworks.

### Terms and conditions of entry Public use of artworks

By entering this award you acknowledge that your entry may be photographed and used in City of Subiaco publications and for future promotion of the award. Artworks will be displayed at Subiaco Library and may also be displayed at other venues around the city. The title of the artwork and artist's name will always be acknowledged with the entry when it is used.

### Insurance

Insurance is the responsibility of the entrant. Whilst all care is taken when storing and exhibiting works, the City of Subiaco accepts no responsibility for any loss or damage that may inadvertently occur.

### Collection of artworks

Artworks will be available for collection at Subiaco Library between Monday 26 June and Sunday 9 July. Any artworks not collected during this time will become property of the City of Subiaco and due to storage restrictions may be destroyed.

All regional entries will be returned to the entrant via post before Sunday 9 July providing they fit in a standard postage tube (66cm long and 6cm in diameter). Regional entries which do not meet this criteria must be collected by the entrant before Sunday 9 July.

Exhibited artists must collect their entries from Subiaco Library at the close of the exhibition. Artworks must be collected between Monday 7 August and Sunday 20 August.

### Frequently asked questions

For more information on entry requirements and competition information, please see our <u>frequently</u> asked questions document (PDF 435KB).

### Classroom Cash

We have registered for Classroom Cash!





### The West Australian





### CLASSROOM CASH

### \$20,000 IN CASH TO BE WON!

Caltex, The West Australian, The Sunday Times and Channel Seven are giving West Australian Schools the chance to WIN a share of \$20,000 to help buy the things you need that make learning that little bit more fun!

On weekends 18-19, 25-26 March and 1-2 April 2017 an entry coupon will appear in *The Weekend West and The Sunday Times*. To be in the running to WIN, schools must register their participation and then collect as many entry coupons as possible through their school, friends and family.

The more entries collected, the more chance to WIN

• The school with the most entries will WIN \$5,000

Cash pool consists of:

- First random draw prize \$5000
- Five random draw prizes \$1000
- School with most entries \$5000
- School with most entries per
- student \$5000

### Easter Colouring Competition

The closest Newspower Newsagents are York and Northam should your child wish to enter this competition. Colouring in picture at end of this newsletter.





# YOUR SCHOOL could win \$250

## 12 school prizes to be won

As Easter is approaching we would like to invite infants and primary school students to participate in our "Colour to Win" colouring competition. Your students could win and so could their school – your school.

Students can enter the competition at their Newspower newsagency. Each participating Newspower Store has two 'Spot' the Easter Bunny prizes to give away.

### But it gets even better!

Both store winners will enter a statewide competition where they have the chance to win \$50 to spend in their Newspower Newsagency, plus if one of your students is the state winner your school will win \$250.00 to spend at your local Newspower Newsagency.



Childrens prizes:
There's two bunnies to be won in every Newspower store!

parenting \*ideas

# insights



# What rules should you have around digital devices?

By Michael Grose

Children's digital technology needs to be managed and monitored by parents. That means we need to have some rules and guidelines in place.

I'm often asked about rules and guidelines for children in the early and primary school years about digital devices such as tablets and mobile phones. This is new ground for most people whose own parents didn't have to worry about digital technology. How to persuade kids to leave the television and play outside was the extent of the screen worries of the previous generations of parents.

One thing is certain, technology is an issue you'll struggle with for the rest of your parenting life. We've created the technology and unleashed it on our kids and now we seem to be scrambling like mad to keep up. Adding to this complexity is the fact that technology keeps changing rapidly. We just come to grips one device when a new one comes along that we have to learn about.

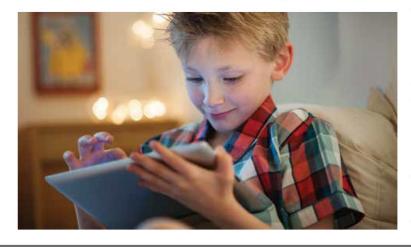
Digital technology, with all its advantages is here to stay. It connects us to each other in ways we couldn't imagine even a decade ago. It enables us to communicate to our kids when we don't know where they are. It creates new interests and cultivates creativity.

You'd have to be living under a rock to not realise that digital technology also presents new challenges such as cyber-bullying, worries about social media and children's exposure to inappropriate images. Digital devices give kids access to a virtual world that is totally seductive particularly for those with poor impulse control. Also the nature of technology means that children can spend a lot of their time heads bent and staring into a screen, which is not healthy in the long-term.

Children's digital technology needs to be managed and monitored by parents. That means we need to have some rules and guidelines in place. Each family makes up their own rules to suit their circumstances but the following suggestions will help you put some order into the digital devices that come into your home.

### 1. Hold off as long as you can

The age when a child first gets a mobile phone is getting younger. Now most young people seem to have a mobile phone when they start secondary school. I'm currently working with parents who are struggling to hold off on their child's mobile phone until secondary school but it's a continuous battle as cries of 'everyone else has a phone' is ringing in their ears. If you took all these message from kids seriously you'd think that they were all born holding a mobile device and they've had an Instagram account since they were two.



parentingideas.com.au

now we know.

### parenting \*ideas

# What rules should you have around digital devices?

Kids pester power works in a way that you tend to feel guilty that you are somehow denying your child a basic right or access to something vital to survival such fresh air. Best to develop an easily repeatable mantra such as "That's great. But every family is different and we do things our way." They may whine when you say it but stick to your own way of parenting, which is not always easy. Alternatively, take the compromise route of allowing a child to borrow your phone, or having a family phone that all kids can

### 2. Be prepared to learn

Giving a digital device to a child has more parent strings attached to it than say, giving a box of Lego or most other items of play. With most toys you can leave them to their own devices to play by themselves, which is the basic point really. It's not so simple with a digital device. Be prepared to learn some new games and stay up-to-date with social media trends. Snapchat anyone?

### 3. Put rules in place first

This is an interesting one. If you give your child a device, then later place restrictions on when its overused or used poorly then there's every chance that you'll be seen as the bad guy/gal. Better to put restrictions on in the first place and loosen them later, or better still reward their responsible use with greater freedom. Timing is everything.

### 4. Change rules if need be

Most families seem to have a child who thinks that rules are made to be broken so they always push boundaries, limits and parent patience. Parents, on the other hand, should work from the notion that rules are made to be changed. Be prepared to change your rules based on your child's behaviour, maturity, sleep patterns, incompletion of homework, bullying or other issues that will invariably crop up and cause you to realise that the rules you set just aren't working.

# 5. Keep digital technology out of bedrooms

If there was one rule that you should stay firm on, then this is the one. Many of our children are in sleep deficit as it is, without bringing digital devices into the frame. They may say they want to charge it in their room. If so, keep the charger in a public place. They may even want to use their mobile or tablet to wake up in the morning. I applaud them for taking on this task but insist they use an alarm clock instead.

# 6. Have a digital detox one day a week

The only way that this idea will work is if you join them in making one day a week a digital technology free day. They will probably not like it, and neither will you, but the point of having one day off is to prove that they can live without their digital device and to engage them in different forms of communication and entertainment.



Digital technology is now an integral part of our lives, but it's not the only option we have to be entertained, informed and to communicate with others. Before we help our children, it's best to look at own digital habits to make sure we are providing them with what they need – that is, the provision of balanced role models who know when to use and when not to use technology. They are more likely to walk our walk than follow our talk. I hope for you that's not a scary proposition.

Visit our website for more ideas and information to help you raise confident and resilient young people.





**Special note:** I'm thrilled to announce that my latest book *Spoonfed Generation: How to raise independent children* is out. It's available at parentingideas.com.au

© Parenting Ideas 2017

parentingideas.com.au

now we know.

### **MOORINE ROCK BUSH BOOTCAMP**

# BRINGING A CIRCLE OF SUPPORT WITH A HOLISTIC APPROACH TO FITNESS AND WELLBEING

Hi everyone, Boot camp for women is back in 2017!

Sessions are run by Carolyn Stephen who has been involved in the health and fitness industry for over 30 years bringing a wide range of options for those that need an alternative.

Each week a different session will be run with varieties including boxing, weights and cardio sessions using a variety of training aids and apparatus.

Where: Moorine Rock Tennis Club

When: Commencing Wednesday 1<sup>st</sup> March-26<sup>th</sup> April 2017 (stopping for seeding)

**Time:** 6.30pm start. Sessions usually go for 1 hour.

Cost: There are 8 sessions in this 9 week block as we are not able to use the facility

due to a pre-booking on Wednesday 29<sup>th</sup> March.

Full 8 weeks: Pay up front \$75.00

Casual \$12.00 per session

School Students: \$5.00

What to bring: Water bottle. Mat and Foam roller if you have one, sense of humour and a supportive bra ⊕ Ladies travel from Southern Cross so car pooling is an option.

Weekly gold coin donation to the Moorine Rock Tennis Club to go towards to cost of lights is appreciated.

For more information join the face book group: "Moorine Rock Bush Bootcampers"

Contact Carolyn: Mobile 0417491354

Email: kcstephen@bigpond.com





Please join us at the

### **NEW**

# Moorine Rock PS Playgroup

A Playgroup for children aged 0-4 and their families.

Where: Moorine Rock Primary School

When: Fortnightly, 9:00 am - 11:00 am starting 3<sup>rd</sup> May.

Term 2 Dates: 3/5, 17/5, 31/5, 14/6, 28/6

Please bring a hat & a healthy snack to be shared.

### At Playgroup ...

- · You can have fun playing with your child
- · You can meet other parents
- Your child can become familiar with the school environment ready for future years.

For more information, please contact Lisa on 90404017 or lisaiackson74@hotmail.com









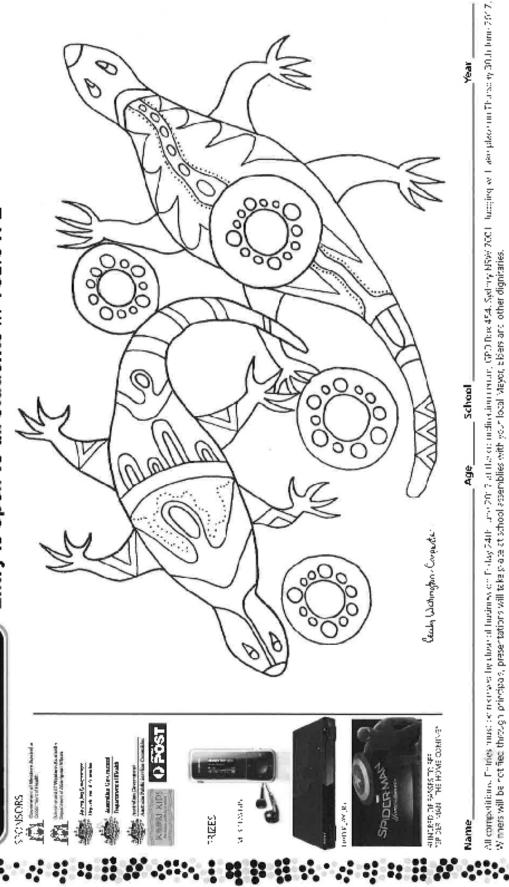
### Newspower Newsagents Easter Colouring Competition Entry Form 2017



**NAIDOC Week Celebrations** are held across Australia each luig to celebrate the history, culture and achievements of Aboriginal and Torres Strait Islander Peoples

# COLOURI

Entry is open to all students in Years K-2



### **Morning Tea Roster for the Assembly**

Friday, 31<sup>st</sup> March

If you are unable to bring a plate along, please try and find someone else to take your place. Failing that, let me know.

Lisa Della Bosca

Jill Glass

Michelle Lowe

Rhonda Abbott